

I would like to thank The Foundation for Professionals in Services to Adolescents for supporting me in being able to attend the Non Violent Resistance (NVR) Foundation level training, run by Partnerships Projects. Without this support I would not have been able to attend.

NVR came out of work undertaken by Professor Haim Omer at the University of Tel Aviv, in developing a new approach to violent and aggressive behaviour from children towards parents, helping parents to increase their “parental presence”. The training was extremely thought provoking and very well delivered. It provided a structure in which to work with families and techniques to facilitate the work.

Our Service receives a large number of referrals where there is violence from children towards their parents. The families have often attended different parenting courses with no changes in the behaviour. Undertaking the training has enabled me to offer parents a way of responding to the violence rebuild relationships and develop a sense of hope about the possibility of change. The families we see have frequently had contact with a wide range of services and there is a high risk of family breakdown. Due to a colleague also having undertaken the training, with the support of The Foundation for Professionals in Services to Adolescents, we are now able to look towards offering a group for parents as well as working individually with families. The service we are able to offer to young people and families has been greatly enhanced by us having been able to access the training.