

ADOS-2 and ADI-R

FPSC funded my training in ADOS-2 and ADI-R, which are considered the gold standard tools for the assessment and diagnosis of autism. The training was delivered by Autism Services Group over five days (6th–10th April 2026) via Zoom and resulted in certification.

I am a Clinical Psychologist working with children, young people, and families. A key part of my role involves supporting individuals with neurodivergent needs and delivering therapeutic interventions tailored to their profiles.

The programme was delivered in a neuro-affirming manner, with dedicated time for reflection and opportunities to apply existing knowledge to clinical scenarios. Despite being conducted online, the trainer fostered a warm and supportive environment that encouraged active participation. A particularly valuable aspect of the training was the opportunity to practice scoring both ADOS-2 and ADI-R assessments using case study videos. Comparing our scores with standardised guide scores enabled us to refine our accuracy and improve reliability. The additional resources provided have also been useful for consolidating my learning beyond the training.

This training has equipped me with the necessary skills and confidence to contribute to autism assessments in line with NICE guidelines, ensuring a high standard of evidence-based practice. It will enhance my ability to support timely and accurate identification of autism, inform person-centred interventions, and contribute to effective care planning across health, education, and social care systems. I would highly recommend this training to other professionals working in this field.