

Training attended: ADOS-2 Clinical Training 2-day Live Online Workshop (by Pearson)

Venue: Online via Zoom

Length: 2 days (15 hours)

Award: Certificate of completion – ability to deliver ADOS assessments

Dates Completed: 29th-30th April 2026

Attendee: Clinical Psychologist within Nottinghamshire Inpatient CAMHS

Summary of training

ADOS as a tool

The course aimed to train attendees in the delivery, coding and understanding of the Autism Diagnostic Observation Schedule, second edition (ADOS-2). The ADOS-2 is a standardised tool that is recommended by the National Institute for Health and Care Excellence (NICE) Guidelines in the assessment of autism across the age span. The ADOS has Modules 1-4 and a Toddler module, that create an environment to assess traits of autism.

Set-up of the training course

The course attended was delivered by expert trainer Dr Tiago Pinto (Clinical Psychologist). Tiago was an engaging facilitator, who was able to move through lots of content efficiently but also accessibly. The course provided a step-by-step demonstration of delivering the ADOS, which was incredibly helpful to further attendee's understanding. The course provided a significant number of resources, including pre and post training materials. The course provided videos of an ADOS being completed within multiple age ranges and presentations, which allowed us to practise using the codes and algorithms featured in the ADOS assessment.

My experience of the training

The completion of this training has:

- Increased my understanding of autistic traits, and how to create a fun and safe environment in which to elicit or measure these traits
- Provided me with the knowledge, practise and skill of how to administer a tool considered the 'gold standard' in autism assessment
- Improved my understanding of differential diagnosis, and understand the limitations of the ADOS tool
- The ability to provide support and knowledge to the inpatient multidisciplinary working team, who may often query autistic traits in our young people
- Provided me with knowledge to contribute to service development, in particular autism assessment pathways, autism friendly wards and use of neuroaffirmative language

I intend to use this new skill within my current workplace to benefit young people admitted to our service. I recommend anyone working with populations who may be neurodivergent attend the training, or other autism awareness courses should their role not require diagnostic skills.